

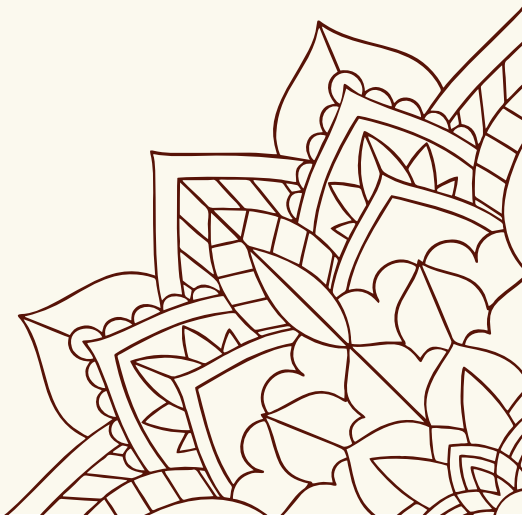
RELEVANCE

NEW JERSEY

At Relevance, we believe a combination of individualized treatment, functional medicine, and long term relapse prevention is key to finding a life in recovery.

Our programs offer a unique, holistic, multidisciplinary, and integrative approach to healing.

We support multiple pathways and believe that recovery should be unique to each individual.



INSURANCE ACCEPTED

RELEVANCE

YOU ARE RELEVANT



866-912-2965

RELEVANCERECOVERY.COM

61 W. MAIN ST FREEHOLD, NJ



COMPREHENSIVE
ADDICTION & MENTAL HEALTH
TREATMENT
FOR ADULTS & ADOLESCENTS

FREEHOLD, NEW JERSEY



SUBSTANCE ABUSE

Addiction impacts many facets of one's life - *physically, mentally, socially and spiritually.*

That is why aside from group and individual counseling, our program harnesses the power of healing from integrative wellness, community, and self discovery.

Relevance believes strongly in multiple pathways. We expose clients to all community based support such as SMART Recovery, AA, NA, Refuge Recovery, and more.

A Master's level clinical team provides individual and group sessions integrating evidence based treatment & alternative care:

SPECIALTIES

- REBT, CBT, ACT, DBT
- Motivational Interviewing (MI)
- Equine Therapy
- Music / Spiritual Advisor
- Yoga & Meditation
- Massage Therapy



MENTAL HEALTH

Mental Health is a key component to living a long and happy life. At Relevance, our program focuses on the individual and healing the underlying causes of trauma while working with our superior medical team to stabilize any necessary medication.

A minimum 2-3 hours a week of individual sessions with specialized, licensed outpatient counselors including the following:

- Individual Case Manager & Therapist
- Equine Therapy
- Spiritual Advisor
- DBT Specialist
- Genesight Testing
- Art Therapy
- Medical Director
- Psychiatrist

WHAT WE TREAT

- Anxiety
- ADD / ADHD
- Bipolar Disorder
- Depression
- Mood Disorders
- Personality Disorders
- Schizophrenia
- PTSD Trauma

Ask about our special program for Veterans & First Responders.

Call us today to begin.

866-912-2965

info@relevancerecovery.com

OUR PROGRAMS

Offering multiple program options that work with your schedule.

PARTIAL CARE

- 5 Days a Week
- Weekly Visits with Medical Team
- Weekly Massage Therapy
- Individual Case Management
- Family Therapy

INTENSIVE OUTPATIENT

- 3 Days a Week
- Weekly Visits with Medical Team
- Weekly Massage Therapy
- Individual Case Management
- Family Therapy

OUTPATIENT

- Traditional One on One Therapy
- Groups 1 Day a Week (Optional)

HOUSING

Relevance is partnered with B House Sober Living to provide a comfortable stay in Monmouth & Ocean County for clients looking for housing.

AFTER-SCHOOL PROGRAM FOR TEENS

Our innovative teen only program is designed to address underlying mental health issues and teach coping skills by specialized clinicians to achieve long-term success and happiness.



**SCAN & LEARN MORE
ABOUT OUR TEEN PROGRAM**

