



Mental Health refers to our overall psychological well-being and encompasses a range of aspects such as our emotional, cognitive, and behavioral functioning.

Symptoms

- Persistent sadness or hopelessness
- Inability to function
- Excessive worry or fear
- Irritability or restlessness
- Changes in sleep or appetite
- Fatigue or loss of energy
- Difficulty concentrating
- Thoughts of suicide or self-harm

Seeking Further Assistance?

Give us a call.



Call Today For More Information

HUCENTERS.COM
INSURANCE ACCEPTED

Struggling with Mental health?

Get help today.





How We're Different

- Family Owned & Operated Facilities - We care.
- Holistic Approach - Your Health, Your Thoughts, Your Spirit
- Advanced Medical Team
- Multiple Pathway Approach to Healing
- Skilled therapists with years of experience
- Family involvement / wrap-around care
- Effective D/C planning
- Extended Aftercare Program
- Luxury Facilities



Adult & Adolescent Mental Health Program

Mental Health is a key component to living a long and happy life. Our programs focus on the individual and healing the underlying causes of Mental Health issues, while working with our superior medical team to stabilize any necessary medication. We provide a robust array of services and therapies in both group and individual settings.

What We Treat

- Anxiety
- ADD / ADHD
- Bipolar Disorder
- Substance Use Disorder
- Depression
- Mood Disorders
- Personality Disorders
- Schizophrenia
- PTSD Trauma
- & More.



Programs

Partial Hospitalization

Intensive programming 5 days a week from 9am to 3pm.

Intensive Outpatient

Outpatient program 3-5 days a week from 9am to 12pm or 6pm to 9pm.

Outpatient

Traditional one-on-one individual therapy sessions. Options to participate in groups.

Housing

Structured and supportive housing with 24/7 staff and transportation to programming.

Virtual & In Person Options Available

